



## NEO-PI-3 Feedback Summary Report: Normative Update

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Generated by



Results for: Sample Client

Client ID: PAR Sample

Age: 22

Test date: 12/10/2024

The NEO Personality Inventory-3 (NEO-PI-3) measures five broad domains, or factors, of personality, and six more specific traits, or facets, within each domain. The responses you gave to the statements about your thoughts, feelings, and goals can be compared to those of other people to generate a description of your personality. The NEO-PI-3 is not a test of intelligence or ability and is not intended to diagnose psychiatric disorders. It does, however, tell you what makes you unique in your ways of thinking, feeling, and interacting with others.

This report is intended to generally describe your personality. It is not a detailed report. If you complete the inventory again, you might score somewhat differently. For most individuals, however, personality traits tend to be very stable in adulthood. Unless you experience major life changes or make deliberate efforts to change yourself, the information in this report should apply to you throughout your adult life.

If you have any questions or concerns about this report, please feel free to discuss them with the professional who administered the inventory.

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## **A Description of Your Personality**

### **The N Domain**

Traits in the N domain reflect different ways of reacting emotionally to distressing circumstances. Low scorers are resilient, rarely experiencing negative emotions; high scorers often have strong emotional reactions. Overall, your responses suggest that you are average in this domain. Specifically, you are occasionally nervous or apprehensive but no more so than the average individual. You often feel frustrated, irritable, and angry at others, but you have only the occasional periods of unhappiness that most people experience. Embarrassment or shyness when dealing with people, especially strangers, is not a problem for you. You report being average at controlling your impulses and desires, but you are unable to handle stress well.

### **The E Domain**

The E domain measures traits related to energy and enthusiasm, especially when dealing with people. Low scorers are serious and introverted; high scorers are outgoing extraverts. Your total score puts you in the low range in this domain. You are somewhat formal and distant in your relationships with others, and you rarely enjoy large and noisy crowds or parties. You are as assertive as most people when the circumstances require. You have a high energy level and like to keep active and busy. Excitement, stimulation, and thrills have some appeal to you, but you are less prone to experience feelings of joy and happiness than most people.

### **The O Domain**

The facets of this domain measure responses to various kinds of experience. Low scorers are down-to-earth and conventional; they prefer the familiar and the tried-and-true. High scorers are imaginative and open-minded. You score in the average range in this domain. Your responses suggest that you are somewhat open. You have an average imagination and only occasionally daydream or fantasize. You are particularly responsive to beauty found in music, art, poetry, and nature, but your feelings and emotional reactions are muted and unimportant to you. You enjoy new and different activities and have a high need for variety in your life. You are not interested in intellectual pursuits for their own sake, and you are generally middle-of-the-road in your social, political, and moral beliefs.

### **The A Domain**

This domain is concerned with styles of interpersonal interaction. Low scorers are hard-headed and competitive; high scorers are compassionate and cooperative. Across the six facets, you describe yourself as being generally very low in this domain. In

particular, you tend to be cynical, skeptical, and suspicious and have a low opinion of human nature. You are willing at times to flatter or trick people into doing what you want, but you are reasonably considerate of others and responsive to requests for help. You often give in to others and are reluctant to express anger even when it is justified. You are quite proud of yourself and your accomplishments and happy to take credit for them. Compared to other people, you are hard-headed and tough-minded, and your social and political attitudes reflect your pragmatic realism.

### **The C Domain**

Traits in this domain describe differences in motivation and persistence. Low scorers are easygoing and not inclined to make plans or schedules. High scorers are conscientious and well-organized. Compared to other people, your score falls in the average range in this domain. You are sometimes inefficient or unprepared and have not developed your skills and talents fully. You are very neat, punctual, and well-organized, but you are sometimes less dependable and reliable and more likely to bend the rules than you should be. You have a moderately high need for achievement, but you can also set work/school aside for recreation. You are average in self-discipline and generally finish the tasks you start. You are reasonably cautious and generally think things through before acting.